

## **Melissa and Lauren's Preschool Schedule**

As of November 2008

6:30-8:30 Good Morning!! Free Choice Play  
8:30-9:00 Optional Activity (on days not outside)  
9:00-9:30 Free Choice Play

OR

8:30-9:30 Outdoor Time  
9:30-9:50 Breakfast  
9:50-10:30 Potty Time and Free Choice Play  
10:30-11:00 Morning Meeting & Featured Activity  
11:00-11:40 Free Choice Play (on days not outside)  
11:40-12:10 Gross Motor Room

OR

11:00-12:00 Outdoor Time  
12:00-12:15 Classroom Meeting/Story Time  
12:15-12:40 Lunch  
12:40-1:00 Potty Time and Quiet Time (books & puzzles)  
1:00-3:00 Naptime/Rest time  
3:00-3:45 Potty Time and Snack  
3:45-5:00 Optional Activity  
5:00-6:00 Outdoor time or Gross Motor Room